

## EAT - DRINK - VIBE

served till 4

### FRY UPS

all served with buttered sourdough or gluten free toast

#### THE EPIC 16

Premium pork sausages, grilled back bacon, hash browns, diced herb potatoes, grilled marinated tomatoes, roasted mushrooms, black pudding, fried eggs, toasted sourdough, baked beans

#### HOUSE BREAKFAST 13

Premium pork sausages, grilled back bacon, hash brown, grilled marinated tomato, roasted mushroom, fried egg, toasted sourdough, baked beans

#### VEGAN BREAKFAST 13 vg

Veggie sausages, plant based bacon, grilled tomatoes, roasted mushroom, hash brown, herb potato & spinach, toasted sourdough, smashed avocado, baked beans

#### VEGETARIAN BREAKFAST 13

Veggie sausages, plant based bacon, grilled tomatoes, roasted mushroom, hash brown, fried eggs, toasted sourdough & baked beans

#### SMALL BREAKFAST 11

Pork sausage, bacon, grilled tomato, mushroom, hash brown, fired egg, toasted sourdough & baked beans

Go veggie with veggie sausages and plant based bacon

### CAKES & BAKES

HAVE A LOOK AT THE DELI COUNTER FOR TODAY'S CHEEKY TREATS

### EGGS & THINGS



#### EGGS BENEDICT 10.5

Warm toasted muffin, 2 poached eggs, Hollandaise, Prosciutto, basil oil, pea shoots

#### EGGS FLORENTINE 9.5

Warm toasted muffin, 2 poached eggs, Hollandaise, wilted spinach, basil oil, pea shoots

#### EGGS ROYALE 12.5

Warm toasted muffin, 2 poached eggs, Hollandaise, smoked salmon, basil oil, pea shoots

#### SMASHED AVOCADO 11 vg option

Toasted sourdough, 2 poached eggs, smashed avocado basil oil, pea shoots

#### TURKISH EGGS 11.5 vg option

Warm toasted ciabatta, 2 poached eggs, herb potatoes, spinach, mildly spiced Shakshuka sauce, pea shoots

#### SALMON & SCRAMBLED EGGS 12

Toasted sourdough, scrambled eggs, smoked salmon, basil oil, pea shoots

### CROISSANTS

add a hashbrown £1

#### BACON & EGG 7.5

#### SAUSAGE & EGG 7.5

#### SCRAMBLED EGG & SALMON 8.5

#### MUSHROOM, SPINACH & EGG 7

served from 12

### MAIN MEALS

#### SAUSAGE RIGATONI 13

Mildly spiced fennel sausage, tomato ragu, mascarpone & basil

#### ROASTED SALMON 18.5

Crushed potato salad, Panzanella, basil oil & sundried tomato vinaigrette

#### CHICKEN PROSCIUTTO 16.5

Roasted baby potatoes, spinach, sage butter

#### SICILIAN LINGUINE 12 vg

Tomato ragu, olives, capers & pangrattato

#### WILTSHIRE HAM & EGGS 11.5

Skin on fries and fried eggs

### SALADS

#### CHICKEN RANCH SALAD 14.5 vg option

Parmesan, shredded bacon, croutons

#### BEETROOT & FETA SALAD 13.5 gf vg

Mixed leaf, red onion, roasted red pepper, Candied hazelnuts & Basil dressing

#### SALMON SUMMER SALAD 18.5 gf

Soft Boiled Egg, olives, capers, cherry tomato, red onion, sun blushed tomato vinaigrette

### SHORTSTACK PANCAKES

Butter & Maple syrup 8.5

Sweet cured Bacon & maple 9.5

Fruit compote, Greek yoghurt & maple 9.5

Nutella & Candied Hazelnut 9.5

Biscoff & Toffee sauce 9.5

## M E N U

UPGRADE YOUR FRIES TO GARLIC & ROSEMARY OR KICK'N'FRIES FOR 75P

### BURGERS

Swap to a plant based "beef" patty £1  
Gluten Free & vegan buns available

#### THE BIG DADDY 19

Beef patty, Breaded chicken breast, American cheese, Monterey Jack, crispy onions, Grounded Original Sauce

#### CLASSIC DOUBLE CHEESE 14

Beef patty, Double American cheese, Monterey Jack, burger relish & mustard

#### CHEEZY BLUE 15

Beef patty, Double American cheese, Monterey Jack, Blue Cheese, crispy onions, Grounded Original Sauce

#### GROUNDING ORIGINAL 16

Beef patty, Double American cheese, crispy onions and our own Original sauce

#### THE TREE HUGGER 15 vg

Double Plant Based Southern Fried "Chicken", vegan cheddar, crispy onions, garlic mayo

#### CLUCK'N' DELICIOUS 14.5

Grilled or Breaded Chicken Breast, Double American cheese, Kick'n sauce

#### ADD ON OPTIONS 1.5

BACON, 2 ONION RINGS, HASH BROWN OR FRIED EGG

### SIDES & EXTRAS

GARLIC & MOZZARELLA FLATBREAD 8.5

GARLIC & ROSEMARY FRIES 4.5

KICK'N' FRIES sweet and spicy 4.5

REGULAR SEASONED FRIES 3.5

ONION RINGS 5 HOUSE SALAD 3.5

3 KICK'N' TENDERS with Kick'n Sauce 6.5

all served in a brioche bun, lettuce, gherkins & seasoned fries

Please note that we cannot list every ingredient on the menu and that common allergens are in use in our kitchens. While we do our best to keep your food safe, we cannot guarantee the absence of such allergens.

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# GROUNDED

## Café Bar

served from 12

### SOURDOUGH PIZZAS

all our pizzas are hand stretched and stone baked

**MARGHERITA** 13

Garlic & herb tomato sauce, oregano & mozzarella

Vg option

**AMERICANA** 14

Pepperoni sausage, oregano, mozzarella, fresh chillies

**VEGETERIANA** 15

Mozzarella, grilled aubergine, courgette, roasted bell peppers & oregano

Vg option

**LUCKY LUCA** 15

Pepperoni, marinated chicken, bacon bits, mushrooms, red onions, mozzarella

**PARMA** 14

Parma ham, fresh rocket, oregano & mozzarella

**BBQ CHICKEN** 14

Marinated chicken, BBQ sauce, red onions, roasted bell peppers, oregano & mozzarella

**ATHENIAN** 14

Roasted bell peppers, red onion, crumbled vegan feta, vegan mozzarella, rocket and hot "honey"

Vg option

**MEDITERRANEA** 14

Tuna, olives, capers, red onions, oregano & mozzarella

**COCKA DOODLE BLUE** 15

Chicken, Stilton cheese, basil & mozzarella

**ADD EXTRAS**

onions, peppers, olives, capers, rocket £1  
Tuna, chicken, pepperoni, blue cheese £1.75

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### SARNIES

all served with a salad garnish

**GRILLED CHEESE TOASTIE** 9.5

Lots of West country Cheddar, mozzarella, caramelised onion, chilli jam on sourdough

**GRILLED VEG & BASIL CIABATTA** 9.75

Grilled veg medley, sun blushed tomato tapenade, rocket & basil oil

**TUNA MELT PANINI** 10.5

West country Cheddar, red onion

**POSH HAM & CHEESE TOASTIE** 9.75

Sauerkraut, mustard, Wiltshire ham, & Cheddar

**MUSHROOM & STILTON PANINI** 10.5

Spinach, Caramelised onion & Chili Jam

**CHICKEN SCHNITZEL CIABATTA** 13

Rocket, parmesan, sauerkraut, mustard & mayo

Add a small portion of fries for £2

## GRAB & GO !!

IN A RUSH ? WE GOT YOU !!

WE NOW HAVE A SAVIOURY SELECTION OF FRESHLY BAKED DELIGHTS ON OUR DELI



## ICED DRINKS & SUMMER COOLERS

**LEMON & PASSION FRUIT ICE TEA** 4.5

**PEACH ICE TEA** 4.5

**RASPBERRY ICE TEA** 4.5

**ICE LATTE** 4.5

**ICE MOCHA** 5.5

**PEACH & LIME MATCHA** 6

**APPLE & HERB MATCHA** 6

**RASPBERRY CRUSH** 6  
Raspberry syrup, non alcoholic gin, lemonade

**ELDERFLOWER INFUSION** 6  
Elderflower, non alcoholic gin, lime & soda



## HOT DRINKS

**CAPPUCHINO** 3.85

**LATTE** 3.85

**MATCHA LATTE** 5.5

**AMERICANO** 3.5

**ESPRESSO** 3

**ESPRESSO MACCHIATO** 3

**FLAT WHITE** 3.85

**HOT CHOCOLATE** 4

ADD Cream and marshmallows for 75p

**MOCHA** 4.5

ADD Cream and marshmallows for 75p

**DIRTY CHAI** 5.2

**BABYCHINO** 2.5

**KIDS HOT CHOCOLATE** 3.5

ADD Cream and marshmallows for 75p

**TEAS** 3.5

**BREAKFAST, DECAF, EARL GREY, MINT,**

**LEMON & GINGER, GREEN, BERRY**

Collect your loyalty card today

## M E N U

## SOFT DRINKS

**COKE | DIET COKE | COKE ZERO**

**SPRITE | FANTA | DR PEPPER** 3.5

**LUSCOMBE ELDERFLOWER** 3.85

**LUSCOMBE RASPBERRY CRUSH** 3.85

**VICTORIAN LEMONADE** 3.85

**FENTIMANS ORANGE & MANDARIN** 3.85

**FENTIMANS ROSE LEMONADE** 3.85

**STILL / SPARKLING WATER** 2.5

**TONIC WATER** 2.5

**SLIM LINE TONIC WATER** 2.5

## FRUIT JUICE 3.5

**ORANGE | APPLE | CRANBERRY**

**PINEAPPLE | PASSIONFRUIT**

## BOTTLED BEERS & CIDERS

**PERONI** 5.5

CAPRI | ZERO | GLUTEN FREE

**THATCHERS ALCOHOL FREE** 6

**THATCHERS HAZE** 5.5

**LONDON PRIDE** 5.6

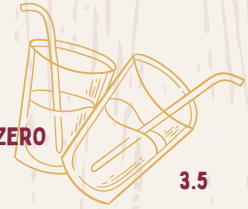
**GUINNESS ZERO** 6

**CORNISH ORCHARD DRY** 5.5

**CORNISH ORCHARD** 5.5

PEAR | BERRIES & CHERRY | RASPBERRY & ELDERFLOWER

**ALCOHOL FREE BITTER** 5.5



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